



Kane County Health Department Offers Forums on Suicide Prevention

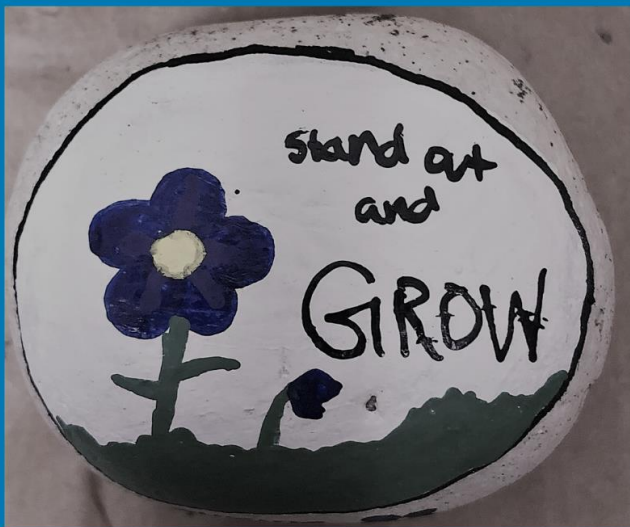
The COVID-19 pandemic forced individual into social isolation, triggering a sense of disconnection and exacerbating mental health issues both new and pre-existing. The pandemic also has strained behavioral health agencies. Nationally, there has been a rise in suicidal ideation among youth and local school mental health professionals have reported a dramatic increase in student mental health needs during past school year.

In response, the Kane County System of Care – led by the Kane County Health Department - has organized a series of forums and training opportunities for initiatives in Suicide Prevention during Suicide Awareness Month. The events are as follows:

- 9/28/22: Virtual discussion with School MH Professionals on Suicide Prevention policies in schools. (see flyer below)
- 9/29/22: **Spanish language** Suicide Prevention training for community members: Talk Saves Lives with Gabi Vargas at the Gail Borden Public Library. Food and childcare provided. Hosted by the Parent Council of the Kane County System of Care. (see flyer below)
- 9/30/22: Virtual training for community mental health clinicians and interested stakeholders – Suicide Prevention training with Tandra Rutledge. 2 CEUS for MH professionals. Registration required. (see flyer below)
- 10/4/22: Hybrid English Suicide Prevention training for community members: Creating a Soul Safe Community with Tandra Rutledge. Registration requested. (more information to come)

School Mental Health Professionals & Youth Voices Forum Meeting: *Suicide Prevention in Schools with Tandra Rutledge*

Wednesday, September 28th,
930am-1100am zoom



Rock & Photo by Dundee-Crown Fights the Stigma

Contact Kate McCormack with questions
mccormackkatherine@co.kane.il.us

Registration required:



Join other school MH professionals from across Kane County for a discussion of suicide prevention in schools and learn strategies to strengthen your district's suicide prevention plans.



Hablar Salva Vidas *una vida con propósito*

Jueves 29 de
Septiembre
2022



5:30 PM
Bienvenida
6:00 PM
Conferencia

¡Evento familiar!



Biblioteca Gail Borden
270 N. Grove, Elgin
Salones Comunitarios ABC

El Departamento de Salud del Condado de Kane, el Concilio de Padres y la biblioteca pública Gail Borden de Elgin ofrecen una conferencia educativa para la comunidad presentada por NHSPN: Red Nacional Hispana para Prevención del Suicidio. ¡Acompañanos!

Reduciendo el estigma en torno al suicidio y aumentando la conciencia sobre la prevención del suicidio y las señales de alerta en Septiembre, el mes Nacional de Concientización sobre la Prevención del Suicidio



SUICIDE PREVENTION TRAINING

**FOR
COMMUNITY
MENTAL
HEALTH
PROFESSIONALS**

TANDRA RUTLEDGE

Develop your
clinical skills in
identifying and
treating at risk
individuals.

For questions contact:
mccormackkatherine@co.kane.il.us



**September
30th. Virtual.
9:00AM-11:00AM**

Registration Required for Training:

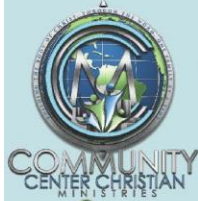
2 CEUS provided. Free.

Registration link:
<https://us06web.zoom.us/j/8125456789>



ABOUT OUR SPEAKER

Tandra Rutledge is a mental health and suicide prevention educator, advocate, and consultant. She currently serves as the Director of Healthcare Systems Initiatives for the American Foundation for Suicide Prevention's Project 2025, a national initiative to reduce the annual suicide rate in the US by 20 percent by the year 2025.



Join this Community Conversation *Gatekeeper Training*



TANDRA M. RUTLEDGE, FACILITATOR

The goal of this session is to increase awareness and education for youth advocates, faith leaders & family members of the warning signs of suicide and how to respond and connect individuals in crisis to help and support.



Refreshments
Provided!

**Tuesday, October 4th, 2022
6PM-8PM**

**219 W. Highland Ave.
Elgin, IL 60123**

Register with QR code or call 224-829-0375

